

Event

Active and Healthy Aging

for Persons with Mental Health
and Neurodevelopmental Challenges

Tuesday

12.12.23

16:30 - 19:00

Metropolitan College

Akadimias 42, 106-72,
Athens, Greece



Wednesday

13.12.23

13:30 - 16:00

Somatio Ermis

Dragatsaniou 1 & Vosporou
Hellinikon - Argyroupoli, Greece

Zoom Live Streaming: <https://us02web.zoom.us/j/88966185159>

Under the Auspices:



Section of Mental Health,
European Association
of Professors Emeriti



Society of Preventive
Psychiatry



EPIONI
GREEK CARERS NETWORK

AGENDA

Tuesday 12.12.2023, 16:30 - 19:00

Metropolitan College

Akadimias 41, Athens

- 16:30 - 17:00 **Registration - Welcome Coffee**
- 17:00 - 17:10 **Greetings**
Fokion Dimitriadis, *Greek Carers Network EPIONI*
Dimitra Stephanopoulos, *European Federation of Associations of Families of People with Mental Illness (EUFAMI)*
Prof George Christodoulou, *President, Society of Preventive Psychiatry*
President-Elect, European Association of Professors Emeriti
Prof Sir Leslie Ebdon, *President, European Association of Professors Emeriti (EAPE).*
Stavros Stathopoulos, *Vice President European Network of Active Living for Mental Health (ENALMH)*
- 17:10 - 17:20 **Fundación Miradas and the project AHA4Autism**
Marta Arroyo Balbás, *Fundación Miradas*
- 17:20 - 17:30 **Aging and mental health - challenges and responses**
Prof. Dusica Lecic-Tosevski, MD, PhD, Full Member, Serbian Academy of Sciences and Arts, Board member, European Association of Professors Emeriti, Serbian Academy of Sciences and Arts, Belgrade, Serbia
- 17:30 - 17:40 **Autism in adulthood**
Professor Antonella Valenti, *University of Calabria*
- 17:40 - 18:00 **Assessment of Legal Capacity in clinical practice** (Speech in Greek)
George Tzeferakos, *Doctor of Psychiatry, Chairman of the Dual Diagnosis Branch of the Psychiatry Department of the University of Athens, Greece*
- 18:00 - 18:20 **Healthy Aging for people living with mental health problems and Autism** (Speech in Greek)
Dimitrios Kontis, *Psychiatrist, Coordinating Director of the 4th Psychiatric Department of the National Academy of Sciences, President of the Board of Directors. E.KE.P.Y.E.*
- 18:20 - 18:30 **Presentation of the www.careplatform.gr**
Dr. Elizabeth Mestheneos, *50plus Hellas*
- 18:30 - 18:40 **"Reminiscence therapy" in elderly people and people with dementia - Presentation of Erasmus project "Forget me not 2.0"**
Dimitrios Theodoropoulos, *Social Worker MSc-General Director, NGO Frodizo*
- 18:40 - 19:00 **Discussion with the audience**

Wednesday 13.12.2023, 13:30 - 16:00

Pan-Hellenic Organization of Parents, Guardians & Friends of Disabled Persons "HERMES"

Dragatsaniou 1 &, Vosporou, Elliniko 167 77, Greece
(Close to metro Argiroupoli - red line - exit to Glyfada)

- 13:30 - 14:00 **Registration - Welcome Coffee**
- 14:00 - 14:10 Greetings from the Association Ermis, EPIONI
- 14:10 - 14:20 **New Technologies in Mental Health**
Nikos Gouvas, *Psychiatrist, Scientific Director of the Association for the Disabled "ERMIS", Member of the Board of Directors of the Hellenic Psychiatric Association & President of the Information Technology & Innovative Technologies Branch*
- 14:20 - 14:30 **The EU Care Strategy** (Speech in English)
Stecy Yghemonos, Director, Eurocarers
- 14:30 - 14:50 **Empowering Carers - Nurturing Mental Wellness together** (Speech in English)
Dr. Stella Stathouloupoulou, *Specialist Neurodevelopmental Adult & Adolescent Psychiatrist*
- 14:50 - 15:00 **Well-being and Quality of Life for Persons with Mental Health and Neurodevelopmental challenges and their Carers by promoting Resilience, supporting Recovery and Lifestyle changes.** (Speech in Greek)
Evangelos Pappas, *Psychiatrist, Scientific Director in Society for Psychosocial Research and Intervention*
- 15:00 - 15:10 **Psychological Management of Pain for Adults with Autism**
Elif Caliskan, *MSc Clinical Psychology, Izmir Tinaztepe University, Full Scholarship Recipient*
- 15:10 - 15:30 **Assistive Technology for Adults on the Autism Spectrum Condition (ASC)**
(Speech in English)
Nefi Charalambous Darden, *APIS Cyprus*
- 15:30 - 16:00 **Discussion with the audience**



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