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# WORLD MENTAL HEALTH DAY 2024

Mental Health in the workplace

# 10.10.24

Thursday, 16:00 to 18:30

(Athens time)

Office of the European Parliament

Amalias Avenue 8, Athens

Free Entrance



European Association of Professors Emeriti



Society of Preventive Psychiatry



EPIONI  
GREEK CARERS NETWORK

Greek Carers Network EPIONI

# PROGRAM

Thursday, 10<sup>th</sup> October 2024, 16:00 – 18:30

Office of the European Parliament, Amalias Avenue 8, Athens

- 16.00 – 16.30 • **WELCOME AND INTRODUCTION**  
George Christodoulou  
*President, European Association of Professors Emeriti*  
Nikos Christodoulou  
*Secretary General, Society of Preventive Psychiatry*  
Spyros Zorbas  
*President, Greek Carers' Network "EPIONI"*
- **GREETINGS**  
Representative of the Prime Minister  
Niki Kerameos *Minister of Labour and Social Security*  
Dimitris Vartzopoulos *Deputy Minister responsible of Mental Health, Ministry of Health*  
Zoi Rapti *Deputy Minister of the Ministry of Development*  
George Patoulis *President, Athens Medical Association*
- 16.30 – 16.40 • **FROM MENTAL HEALTH TO GENERAL WELLBEING IN THE WORKPLACE**  
Juan Mezzich *Secretary General, International College of Person-Centered Medicine, Former President WPA*
- 16.40 – 16.50 • **PRIORITIZATION OF WELLBEING IN THE WORKPLACE: A PRACTICAL SUGGESTION**  
Gabriel Ivbijaro *Secretary General, WFMH*
- 16.50 – 17:00 • **STRESS IN THE WORKPLACE ENVIRONMENT**  
George Chrousos *Academician, Professor Emeritus of Pediatrics, Athens University*
- 17:00 – 17:10 • **MENTAL WELLBEING IN THE WORKPLACE: A VISTA FROM THE WPA**  
Danuta Wasserman *President, WPA, Former President EPA*
- 17:10 – 17:20 • **WHO GUIDELINES ON MENTAL HEALTH AT WORK**  
Ledia Lazeri *WHO Regional Advisor for Mental Health, European Region*
- 17:20 – 17:30 • **FIGHTING BURNOUT FOR BETTER MENTAL HEALTH IN THE WORKPLACE**  
Nancy Papalexandri *Academician, Emerita Professor of Psychiatry, University of Belgrade, Serbia*
- 17:30 – 17:40 • **MULTIPLE ROLES OF WOMEN PHYSICIANS IN DEVELOPING COUNTRIES**  
Dusica Lecic – Tosevski *Academician, Emerita Professor of Psychiatry, University of Belgrade, Serbia*
- 17:40 – 17:50 • **THE FORGOTTEN WORKPLACE: THE NEEDS OF CARERS WHO LOOK AFTER PEOPLE WITH MENTAL ILLNESS AT HOME**  
Norman Sartorius *Former President, WPA and EPA*
- 17:50 – 18:00 • **CONTRIBUTION OF CARERS TO THE WELLBEING OF PEOPLE WITH MENTAL HEALTH PROBLEMS**  
Spyros Zorbas *President, Greek Network of Carers "Epioni"*
- 18:00 – 18:10 • **DISCUSSION**  
George Ikkos *Emeritus Professor of Psychiatry, Former Treasurer, Royal College of Psychiatrists, London, UK*
- 18:10 – 18:20 • **DISCUSSION**  
Nikos Christodoulou *Assoc. Professor of Psychiatry and Director, Department of Psychiatry, University of Thessaly, Greece*
- 18:20 • **CLOSING AND THANKS**



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