



WORLD MENTAL HEALTH DAY 2022

Making Mental Health & Wellbeing
for all a Global Priority

06.10.22

Thursday, 11:00 - 13:00
(Athens time)

Ionia Cultural Centre

Konstantinou Karamanli Av. 113, Voula 166 73

Link to participate:

<https://us02web.zoom.us/j/89592782047>

Free Entrance



INVITATION

It is with great pleasure that we invite you to our event on the occasion of World Mental Health Day 2022:
"Making Mental Health and Well-being for all a Global Priority"

This year's theme has two equally important messages:

First message: **"Mental Health Promotion"**

As we all know, "Promotion" is even more important than "Prevention" and this is because it is related to Health and not just to Disease.

Second message: **"For all"**.

It is well known that inequalities contribute, often decisively, to the development of psychopathology. The elimination of inequalities is certainly an unrealistic goal, but reducing the gap is not.

Pursuing this goal is not only of humanitarian importance but also contributes to the mental health of the population.

We welcome you to an important event that will take place both in person at the Ionia Cultural Centre of the Municipality of Vari-Voula-Vouliagmeni and online.

As you will notice, the programme includes the leaders of the most important international institutions in the field of mental health.

We look forward to our encounter with great anticipation,

Sincerely,

George Christodoulou

President of the Society of Preventive Psychiatry

Sir Leslie Ebdon

President of the European Association of Professors Emeriti

Spyridon Zormpas

President of the Greek Carers Network Epioni

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PROGRAM

THURSDAY OCTOBER 6, 2022

MAKING MENTAL HEALTH & WELLBEING FOR ALL A GLOBAL PRIORITY

- 11:00 - 11:30 Introduction:
George Christodoulou, President, Society of Preventive Psychiatry
Sir Leslie Ebdon, President, European Association of Professors Emeriti
Spyridon Zormpas, President, EPIONI
- Welcome Address:
Niki Kerameos, Minister of Education
Zoi Rapti, Deputy Minister Mental Health
Grigoris Konstantelos, Mayor Vari Voula Vouliagmeni
Vasilios Bozikas, President, Hellenic Psychiatric Association
- 11:30 - 11:40 **Enhancing Mental Health through Total Health and Whole Person Approaches**
Juan Mezzich, Secretary General ICPCM
- 11:40 - 11:50 **The WPA's perspective on improving mental health and preventing suicide during the COVID-19 pandemic**
Danuta Wasserman, President elect WPA
- 11:50 - 12:00 **75 years of Advocacy to make Mental Health a Global Priority**
Nasser Loza, President WFMH
- 12:10 - 12:20 **What can be done for mental health in times of war. EPA'S network of solidarity**
Peter Falkai, President EPA
- 12:20 - 12:30 **WHO perspective on mental health promotion as an integral part of mental health reforms**
Ledia Lazeri, Regional Director WHO
- 12:30 - 12:40 **What can the WPA do to deal with inequalities in the provision of mental health**
Afzal Javed, President WPA
- 12:40 - 12:50 **Discussion**
Norman Sartorius, President AMH
Nikos Christodoulou, Director, Psychiatric Department, Univ. of Thessaly



