



# EUROPEAN ASSOCIATION OF PROFESSORS EMERITI

e-NEWSLETTER

ISSUE 10 \ FEBRUARY 2024



## PRESIDENT'S ADDRESS

### Sir Les Ebdon

Professor Emeritus, CBE DL BSc PhD  
DSc(Hon) DUniv ARCS DIC MCIWEM  
C.WEM FRSA CChem FRSC

### EAPE GENERAL ASSEMBLY

**WEDNESDAY 21 FEBRUARY**  
**11:30 AM PARIS TIME**

All members should have been notified of this very important meeting. Our biannual General Assembly will be held online on Wednesday 21 February 2024 at the Biomedical Research Foundation Academy of Athens at 11.30 am (Paris time). Details of how to join online will be available shortly.

The Meeting will consider the Reports of the Board as to the activities of EAPE, the financial position and the plans for the future.

There will be a chance to hear directly from the President-Elect, Professor George Christodoulou, on his plans and aspirations for his term of office.

One very important aspect is to receive nominations of candidates for the next Board of Directors. Nominations which maybe self-nominations or nominations of another (provided you have their permission) must be sent to the General Secretary, Nikos Markatos, by 18 February 2024. The elections will be conducted electronically on Friday, 8 March 2024.

It is vitally important that we have an active and committed Board. There are vacancies for President-Elect, General Secretary, Treasurer and 3 members. We are anxious to have as many nations represented as possible on our Board and to continue to enjoy a good gender balance.

Please connect to the General Assembly and give us your ideas for EAPE and consider carefully whether you would be willing to serve in some capacity either on the Board or on one of our section committees..



## NEWSLETTER COMMITTEE ADDRESS

Dear Friends and Colleagues,

In the next few months, our Association will be staging two important activities:

Its General Assembly, on February 21 at 11:30, Paris time.

A full report of the outgoing Board's activities will be presented and the candidates for the Board for the years 2024-2025 will be presented.

Elections are expected on March 8, 2024.

Our biannual Congress will be held in the magnificent city of London, April 3, 4, 5. A full program and announcements follow.

Our President, Sir Les Ebdon is communicating very important information.

Our Association is growing rather slowly, but very solidly. We are enrolling new members with an excellent record and eager to offer their experience and vision. Both our Bulletin and Newsletter are being sent to a large number of Colleagues. You are actually kindly requested to spread to your Emeriti Colleagues who could join our "Society of Dignified Friends".

Our sections are engaged in many activities as can be seen from their reports.

We all invite you to participate in our General Assembly, Elections and the 2024 Congress in London.

With our best regards,

The Newsletter Editorial Committee

### Editorial Committee, Professors Emeriti (from left to right)

**Dennis V. Cokkinos**, Medical School, University of Athens, Greece

**Paolo Ciambelli**, University of Salerno, Italy

**Maria Ochsenkuehn-Petropoulou**, School of Chemical Engineering, National Technical University of Athens (NTUA), Greece



## GENERAL ASSEMBLY ELECTIONS



We would like to inform you that the next General Assembly of the European Association of Professors Emeriti will be held online on Wednesday 21 February 2024 at BRFAA (Biomedical Research Foundation Academy of Athens) at 11:30 Paris time.

According to article 28 of our By-laws, in case that during the first meeting the attendance of 25 members is not achieved, the meeting shall be postponed and a second meeting shall be summoned with an identical agenda, not earlier than one (1) day and not later than (10) days, from the date of the first meeting which was postponed.

If, according to the previous paragraph, the General Assembly is summoned for the second time, the quorum is considered as having been achieved by the attendance of at least (15) members.

**Thus, to make the February 21 Assembly legal, a first General Assembly of 15 members is set for February 12, without obligation of attendance. Attendance is required for February 21 with no required quorum.**

According to our By-laws, the General Assembly must:

- Discuss on the report of the activities of the Board of Directors and release members from any liability.
- Approve the financial report and the balance sheet at the end of the financial year.
- Approve of the budget for the new financial year.
- Settle the date for the elections of the new Board of Directors and of the Auditors for the next two years.

So, the Daily Order of the General Assembly is:

1. Elections of Chairman and Secretary for the General Assembly.
2. Report by the General Secretary.
3. Report by the Treasurer-Report of the Auditors and release the BoD from any liability.
4. Address by the President-Elect.
5. Election of the Supervising Committee for the next elections (March 2023).
6. Proposals for Candidates for the next Board of Directors.
7. London Congress.
8. Discussion.

According to Article 13:

1. The Association's governing body managed by a Board of Directors consists of seven members, namely the Chairman, the Elected Chairman, the General Secretary, the Treasurer and three (3) Members.
2. No more than two (2) members of the Board of Directors shall be of the same nationality.
3. An equal number of substitute members shall also be elected.
4. Two (2) Auditors and two substitute Auditors, who may be of the same nationality, shall also be elected.
5. The Board of Directors and the Auditors shall be elected by the General Assembly according to the provisions of Article 30 of the present Articles of Association. However, an electronic vote is acceptable (Article 30 § 4).

According to our By-Laws, the candidatures should be submitted at least after at least ten (10) working days prior to the date of the elections to the General Secretary. Candidates can propose themselves or can be proposed by other members.

**We would appreciate if the nomination process for the Board of Directors is completed by Sunday, 18 February 2024.**

**Thus, anybody interested in presenting his/her candidacy or proposing another candidate must send the proposal to our General Secretary by that date (18.2.2024), who will send you a list of the candidates proposed on Tuesday, 27 February 2024.**

This will enable us to present the candidates **during the General Assembly on Wednesday the 21st of February 2024** and also to conduct the elections electronically on **Friday, 8 March 2024.**

Very Sincerely Yours,

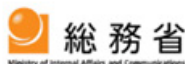
Sir Les Ebdon  
President E.A.P.E.

Nikos Markatos  
General Secretary



## “THE FUTURE OF AGEING: EMBRACING TECHNOLOGY FOR A FULFILLING LIFE”

Join a two-day (7-8 March) hybrid final event of e-VITA, a joint European – Japanese cooperation project aiming at enhancing active and healthy ageing and preventing cognitive and social decline of older people in EU and Japan, also paving the way for the future of social robotics.



The project has received funding from the European Union H2020 Programme under grant agreement no. 101016453.  
The Japanese consortium received funding from the Japanese Ministry of Internal Affairs and Communication (MIC), Grant no. JPJ000595.



## THE FUTURE OF HEALTH IN EUROPE



APRIL 22, 2024

### Chapter: PREVENTION AND HEALTH PROMOTION

#### Provisional Programme

**15:00-15:10 Salutations**

**George Christodoulou President EAPE**

**Sir Magdi Yacoub Section Chairman**

#### Session A:

Moderators: Dennis V. Cokkinos, David Wood

15:10-15:30

A general view of mortality and morbidity in Europe.

**Guy De Backer**

15:30-15:50

Heart Failure-still a major concern.

**Philipos Triposkiadis**

15:50-16:10

Will mental health continue to determinate.

**Dusica Lecic Tosevski**

16:10-16:30

Discussion

#### Session B:

Moderators: Luigi Campanella, George Dan

16:30-16:50

Respiratory insufficiency on the rise.

**Panagiotis Behrakis**

16:50-17:10

Longevity and Prevention: Can the Heart Become Centenary?

**Gaetano Thiene**

17:10-17:30

Has the treatment of hypertension changed?

**Giuseppe Mancia**

17:40-18:00

Discussion

THE 3<sup>RD</sup> EAPE CONGRESS IN LONDON3<sup>rd</sup> CONGRESS  
LONDON 03-05.APRIL.2024

Sir Leslie Ebdon  
EAPE President

**The 3<sup>rd</sup> EAPE Congress** will be held in London, England on the 3,4,5 April 2024.

Through the strong support of the University of East London, we will be meeting at the impressive new Docklands Campus of the University of East London. Situated on the waterfront by the historic London Royal Docks and opposite the new London City Airport, this is a truly stunning campus which is self-contained but readily accessible. The campus can be reached by road and rail (it has its own station called Cyprus on the Docklands Light Railway) as well as by air and river boat. We will take advantage of the historic Great Hall of the University's Stratford Campus for our Gala Dinner.

Please book the dates now and consider booking your travel to London and your hotel early.

**There will be 3 Plenary Speakers.**

**Titles and abstracts for papers in any pertinent area of scholarly activity should be submitted to [EAPE.Congress@outlook.com](mailto:EAPE.Congress@outlook.com) by 9<sup>th</sup> February 2024.**

Oral presentations will be 15 minutes. There will be a special session in memory of our late colleague Professor Sherban Lupu.

We look forward to seeing you in this spectacular part of London, transformed for the Olympic Games of 2012 and now host to our Congress.



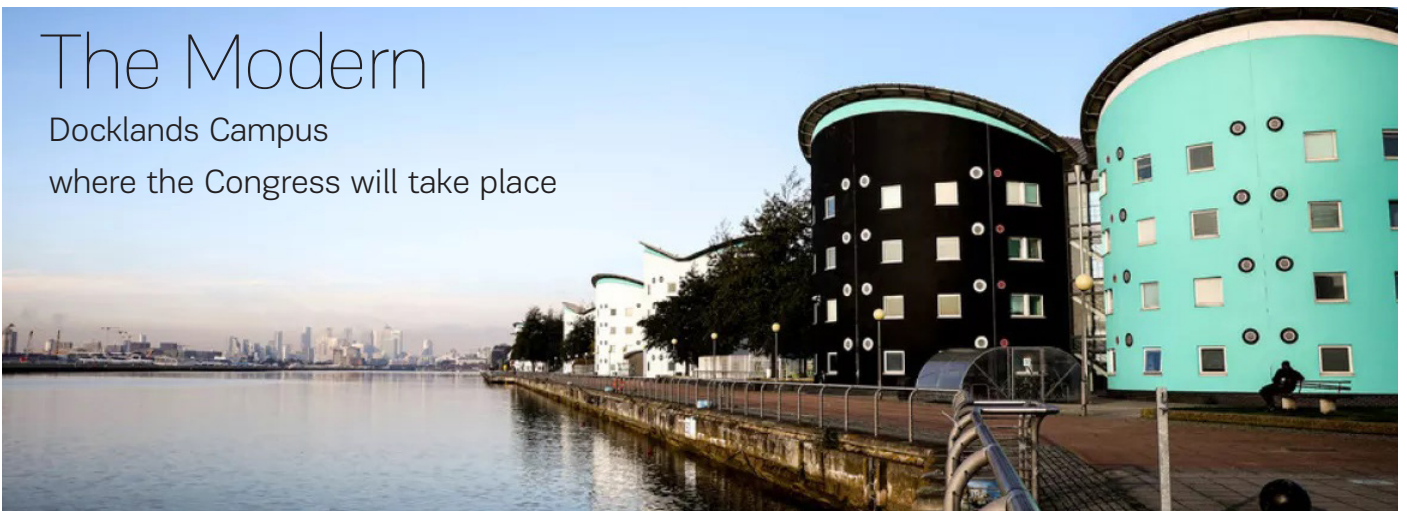
## THE 3<sup>RD</sup> EAPE CONGRESS IN LONDON

The Historic Stratford Campus of the University of East London where the Gala Dinner and Health Studies Centre Tour will be held



## The Modern

Docklands Campus  
where the Congress will take place



## Registration

The registration fee which covers all the lectures, lunch on the 4<sup>th</sup> and 5<sup>th</sup> of April, coffee and tea during the Congress and incidentals, is only UK £ 120 for EAPE members and UK £170 for non-members (eligible non-members are encouraged to join EAPE at a fee of 50 Euros).

The fee for Accompanying Persons is UK £60.

Bona fide early career students will be admitted to the lectures for free.

### Registration is NOW OPEN

We are delighted to announce that Registration is now available and we kindly ask you to hurry as Registration closes on March 3<sup>rd</sup>. To register please click on the link below:

[The 3rd EAPE Congress | University of East London \(uel.ac.uk\)](https://www.uel.ac.uk/congress)

## Transportation

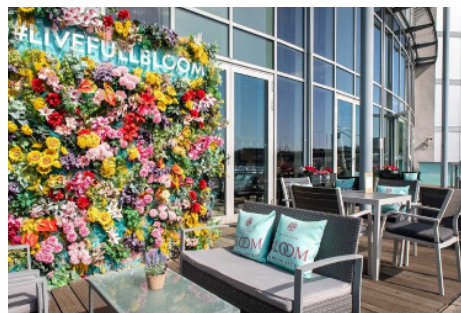
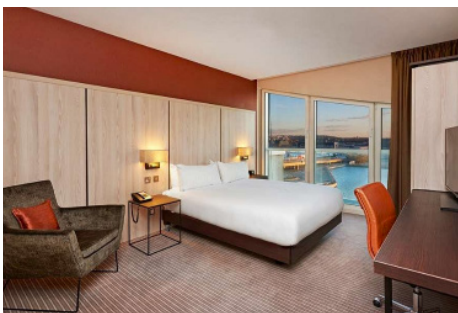
As a major global city, London is well served for both international and local transport. You are strongly advised to use public transport as parking on campus is limited. London City Airport is closest to the campus but cheaper flights are available to London's other airports. You are advised to proceed from these to the newly completed Elizabeth Line on the London Underground system and change at Custom House onto the Docklands Light Railway (DLR). For the Conference site (University of East London, Docklands campus, University Way, London E16 2RD) you are advised to take the DLR to the Cyprus station which is about 100 metres from the Congress site. The best station for the hotels recommended below is the Royal Albert DLR station. This is 2 stops from the Cyprus station.

## THE 3<sup>RD</sup> EAPE CONGRESS IN LONDON

### Accommodation

Plentiful hotel accommodation is available close to the Congress site. You are advised to book early as rates will go up closer to the Congress.

We have rooms on hold at the Double Tree by Hilton London Excel (2 Festoon Way, Royal Victoria Dock, London E16 1RH) for the Congress.



The hotel has advised that all bookings go via: Find the Best Price - DoubleTree by Hilton London ExCel to get the best price available at the time.

This does not require any additional codes. Prices will probably increase nearer the date and it maybe that some of the other many hotels nearby will offer better value for money.

Address: 2 Festoon Way, London, E16 1RH - Prices per night: £135-180

Contact: +44 20 7540 4820 - [reception@dtexcel.com](mailto:reception@dtexcel.com) - [CLICK HERE for the website](#)

For UEL Corporate rates, [CLICK HERE](#).

Of course, there are more hotels nearby. For your convenience we have made a list of them:

Hotel	Address	Prices (per night)	Link	Contact details
Travelodge London Excel	1016 Dockside Road, E16 2FQ	£65-80	<a href="#">Travelodge London Excel Hotel</a>	Tel: 08719 846298
Premier Inn London Docklands (Excel)	Royal Victoria Dock, 2 Festoon Way, E16 1SJ	£76-93	<a href="#">London Docklands (Excel) Hotel   Premier Inn</a>	+44 333 321 1258
Moxy London Excel	1014 Dockside Road, E16 2FQ	£105-131	<a href="#">Moxy Hotel London (marriott.com)</a>	+44 207-031 1683
Holiday Inn Express London - Excel	1018 Dockside Road, London, E16 2FQ	£110-130	<a href="#">Holiday Inn Express London - ExCel (ihg.com)</a>	<a href="mailto:reservations@hiexpresslondonexcel.co.uk">reservations@hiexpresslondonexcel.co.uk</a> 00800 80 80 0800
Hampton by Hilton London Docklands	Dockside Rd, London E16 2FQ	£119-139	<a href="#">Hampton London Docklands (hilton.com)</a>	+44 2030022960
Aloft London Excel	One Eastern Gateway, Royal Victoria Dock, E16 1FR	£274-301	<a href="#">Aloft London Excel (marriott.com)</a>	+44 20 3203 0700
Ibis London Excel Docklands	9 Western Gateway, Royal Victoria Dock, E16 1AB	£100-130	<a href="#">Ibis London ExCel Docklands   Accor Hotels</a>	+44 2070552300 <a href="mailto:H3655@accor.com">H3655@accor.com</a>
Good Hotel	Royal Victoria Dock, Western Gateway, London E16 1FA	£142-162	<a href="#">Good Hotel London</a>	+44 20 3637 7401 <a href="mailto:hello.london@goodhotel.co">hello.london@goodhotel.co</a>
Novotel London Excel	7 Western Gateway, Royal Victoria Dock, E16 1AA	£163-203	<a href="#">Novotel London ExCel - Accor Hotels</a>	+44 2076600677 <a href="mailto:H3656@accor.com">H3656@accor.com</a>
Crowne Plaza London Docklands	Western Gateway Royal Victoria Dock, London E16 1AL	£165-224	<a href="#">Crowne Plaza London Docklands (ihg.com)</a>	+ 44-207-0552000 <a href="mailto:sales@cpdocklands.co.uk">sales@cpdocklands.co.uk</a>

## THE 3<sup>RD</sup> EAPE CONGRESS IN LONDON

**Location** University of East London, Docklands Campus, London

# “The Capital of Knowledge”

## Programme

### Outline Provisional Timetable

**3 April** 14.00 to 16.00 Registration  
(15.00 Afternoon Tea available)  
16.00 to 17.00 Opening Ceremony WB.G.02  
17.00 to 18.00 Opening Plenary Lecture WB.G.02  
18.00 to 20.00 Opening Reception (Centre for Sustainability)

17.00 to 18.00 Optional Tour of the Hospital and Primary Care Hub  
18.00 to 19.00 Reception (The Octagon)  
19.00 to 21.30 Gala Dinner (Great Hall)  
21.30 to 22.00 Coaches back to Docklands Campus

**4 April** 09.00 to 10.00 Plenary Lectures WB.G.02  
10.00 to 10.30 Tea, coffee, pastries (The Lounge)  
10.30 to 12.30 Session 1 in memory of Professor Sherban Lupu WB.2.03  
10.30 to 12.30 Session 2 WB.2.04  
12.30 to 14.00 Buffet Lunch (The Lounge)  
14.00 to 16.00 Session 3 WB.2.03  
14.00 to 16.00 Session 4 WB.2.04  
16.00 to 16.30 Afternoon Tea (The Lounge)  
16.30 to 17.00 Coaches to Stratford Campus, University of East London

**5 April** 09.00 to 09.30 EAPE Business Meeting WB.G.02  
09.30 to 10.00 Plenary Lecture WB.G.02  
10.00 to 10.30 Tea, coffee, pastries (The Lounge)  
10.30 to 12.30 Session 5 WB.2.03  
10.30 to 12.30 Session 6 WB.2.04  
12.30 to 13.00 Closing Ceremony WB.G.02  
13.00 to 14.00 Buffet Lunch (The Lounge)  
14.00 to 22.00 Optional Tour to London sights and West End.

## Abstract Submission

### INSTRUCTIONS FOR ABSTRACT SUBMISSION

Each abstract should not exceed 300 words. It should be arranged as follows:

- Title, in bold capitals.
- Names of authors: surname first, bold.
- Affiliations.
- E-mail of corresponding author.
- Key words (up to five).

The text can be divided in parts, e.g. Introduction, Material and Methods, Results, Discussion, Conclusions (as appropriate).

- References: Up to three, as follows: Surname(s) first followed by Initials of authors, Journal, volume, page(s), year.
- For books: Title, author or editor (surname first, followed by initials) Publisher, Year.

### PARADIGM OF ABSTRACT

#### THE SYNDROME OF CAPGRAS Anagnou, GN

Athens University Department of Psychiatry, Eginition Hospital, Athens, Greece.

E-mail: @

Key words: Delusions, Misidentifications, Epilepsy, Deja vu.

(Text)

References (not obligatory)

1. Alford DS and Nemiah F. Brit J Psychiatry 24, 123-127, 2004.
2. Psychosomatic Medicine, Barton GN (editor) Karger, 2023

## Registration NOW OPEN

We are delighted to announce that Registration is now available for the 3<sup>rd</sup> EAPE Congress to be held in London 3<sup>rd</sup> to 5<sup>th</sup> April 2024.

Please hurry as Registration closes on March 3<sup>rd</sup>. To register please click on the link below:

[The 3rd EAPE Congress | University of East London \(uel.ac.uk\)](https://www.uel.ac.uk/eapecongress)

Details of suitable hotels and the Congress programme can also be found on our website [Europemeriti.org](https://europemeriti.org)

We look forward to seeing you in London.

Prof. Sir Les Ebdon  
President



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