



EUROPEAN ASSOCIATION OF PROFESSORS EMERITI

e-NEWSLETTER

ISSUE 11 \ MAY 2024

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PAST PRESIDENTS:

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NEWSLETTER COMMITTEE ADDRESS

Dear Friends and Colleagues,

Below you can find a short report on the two important activities of EAPE, which took place after the publication of the previous EAPE Newsletter, i.e. the General Assembly and the Elections for the new Board of Directors.

The General Assembly of EAPE took place online on February 21 at noon 12:00, Paris time.

After the nomination of the Chairman (Prof. Cokkinos) and the Secretary (Prof. Patargias) of the assembly, the full report of the outgoing Board's activities was presented by the Secretary General Prof. Markatos.

He said: During the past two years our Association proceeded in the direction of the purposes established by the By-laws (article 3) and wishing to support the vocation of a University Professor as educator, counsellor, and researcher for life. To reach these purposes EAPE, apart from its other activities, formulated Sections and Committees both of thematic and National Origin. The seven Sections/Committees of EAPE are shown on page 2 of this Newsletter.

Several Seminars and events were organized by these Sections, as the International Day of Older Persons (1/10/2023), Mental Health Day (27/9/2023), Health Day (6/10/2023), Seminar of the Culture Section on Louros Archives (26/11/2023), Seminar on "Elixir of a lifelong, healthy and active" organized by Prof. Giancarlo in Naples (28/11/2023), Seminar of the Ethics Section on "Ethics of Science as a guide to the Behavior of Researchers" (4/12/2023), Seminar on Healthy Aging co-organized by EAPE and Epioni (a Greek Carers' Organization), in January 2024 a Seminar By the Enrolment and Advocacy Section, Seminar of the Section of Prevention and Health Promotion (22/3/2024) and others.

The basic points of the Action Plan of EAPE that are currently addressed, are the following:

1. Recruitment.
2. Justification for Membership.
3. Communication, i.e. update website, Bulletin, Newsletter, join social media LinkedIn, Twitter, etc.
4. Increase of visibility, e.g. topics such as Environment, Criminality, climate change etc.
5. Financing, for example European Projects.
6. Sections and Committees, asking people to become members of them.
7. Scientific Events organized by the Sections/Committees either in vivo or online or hybrid.
8. Positions and Consensus Statements e.g. for Pollution, Education and Training.
9. Interdisciplinary research.

Afterwards, the auditor Prof. Karayiannis presented the financial situation of EAPE, which could be improved, if all EAPE members (currently 155) paid their annual subscription of 50€.

The auditors (Profs. M. Karayiannis and Lucija Cok) presented their report for the period 16/12/2021 to 31/01/2024, where they found proper management of EAPE and release the board directors from responsibilities and any liability.

The president elect, Prof. Christodoulou explained his plans to enrich EAPE with members and requested response to the Survey sent to all members.

Prof. Cokkinos thanked Prof. Les Ebdon for his inspiring presidency and suggested the Supervising Committee (Profs. Zoumbos, Cokkinos and Priovolou) for the Elections on 8/3/2024.

Finally, Prof. Markatos described the proposals for candidates for the new Board and asked them to say a few words about their visions on EAPE.

Electronic Elections of the new Board of Directors of EAPE

The electronic elections took place on March 8, 2024 by using the Zeus voting system.

The following members in alphabetic order were elected for the new Board of Directors of EAPE for 2 years:

- **President:** George Christodoulou.
- **President Elect:** Giancarlo Bracale.
- **General Secretary:** Nikos Markatos.
- **Treasurer:** Paolo Ciambelli.
- **Regular Board Members:** Michael Botbol, George Andrei Dan, Gerhard Zlabinger.
- **Substitute Board Members:** Ducica Lecic-Tosevski, Maria Ochsenkuehn-Petropoulou, Halima Resic
- **Auditors:** Lucija Cok, Miltiades Karayannis

The Newsletter Committee wish to all elected members to continue the actions and programs of those stepping down and to increase the number of members from the countries involved and support collaborations and partnerships.

With our best regards,

The Newsletter Editorial Committee

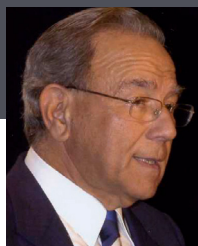
Editorial Committee, Professors Emeriti (from left to right)

Dennis V. Cokkinos, Medical School, University of Athens, Greece

Paolo Ciambelli, University of Salerno, Italy

Maria Ochsenkuehn-Petropoulou, School of Chemical Engineering, National Technical University of Athens (NTUA), Greece





PRESIDENT'S ADDRESS

Prof George Christodoulou

MD, PhD, FRCPsych., FICPM,
President, EAPE

Dear Colleagues and Friends

It is a pleasure to approach the EAPE membership (YOU) through our Newsletter, as your new President.

I will follow the paradigms of our previous Presidents, Dennis Cokkinos, Natale de Santo and Sir Leslie Ebdon who have, with dedication and efficiency, served our Association before me. During the tenure of Les I had the opportunity to work closely with him and so I very well know the strengths and weaknesses of our Association.

Among the strengths, I would highlight the opportunities to work together with colleagues of high caliber coming from practically everywhere in Europe (multi ethnic composition) and serving various branches of science (multidisciplinary composition).

Among the weaknesses, the financial situation is a pain in the neck and requires a lot of effort. The yearly subscription of members is clearly not enough. Further sources of income must be identified. Increase in the number of members (and hence subscriptions) could help but, as expected, our colleagues have to be happy with what the Association is offering to them to become or continue being members.

It is my hope that the Sections will provide us with the opportunity to be active and productive and demonstrate that we are "useful". In vivo meetings, seminars and webinars will hopefully provide scientific input but also increase our visibility and help in the recruitment of new members. Inter-sectional collaboration (in line with the multi-disciplinary character of our Association) will also be encouraged.

Position Statements on important issues will hopefully help substantially and also satisfy the needs of our members. We have already produced such a Statement on the need for continuation of academic activities by Emeriti Professors that has been publicized through our WFMH media (Website, Bulletin, Newsletter) and through the Network of Professors Emeriti.

The New Board has already started functioning. I am very happy with its composition. In addition to the seven voting members, the three substitute members are also participating in our meetings, as well as our three past presidents (in advisory roles).

I will keep being in touch with you through the Newsletter and the other EAPE media.

I would like to ask you to please fill in the Survey that has been sent to you and to join our Sections or even suggest the creation of new Sections.

With cordial regards

George Christodoulou
EAPE President

A Thank You from the Past- President



Sir Les Ebdon

Professor Emeritus, CBE DL BSc PhD
DSc(Hon) DUniv ARCS DIC MCIWEM
C.WEM FRSA CChem FRSC

It has been my honour and privilege to serve as your President for the last two years. I want to say a particular thank you to all those who have supported me during this time. Especially to the Board, the Executive Secretary, Mrs Georgia Drosatou, the General Secretary, Professor Nikos Markatos and my illustrious predecessors, Professors Dennis Cokkinos and Professor Natale Gaspere De Santo.

My term of office began at the Naples Congress in 2022 and ended at our Congress in London in April 2024. The Naples Congress was our first in-person event following the COVID-19 pandemic. There was a need to recover momentum and to try to grow the membership. We encouraged every member to recruit another. We held the subscription rate, despite the inflation which followed the war in Ukraine, and sought to increase the benefits to members. I am particularly pleased that we were able to provide many more services to members on a really tight budget.

Thanks to generous sponsorship, we have been able to sustain the quality and frequency of our quarterly Bulletin. Last year after several years of excellent service, Professor Natale Gaspere De Santo passed the editorship to Professor George Dan. We are extremely grateful to them both. In order to improve communication with members we have reintroduced this Newsletter, edited by the indefatigable Professor Dennis Cokkinos and a new Editorial Board.

We have also sought to improve our website, particularly its currency, as a valuable tool for the membership.

We learnt during the pandemic of the value of short webinars on relevant topics and under the leadership of our new President, Professor George Christodoulou, these have become monthly events led in turn by our various sections. Some have been joint webinars with other professional bodies and attracted large audiences. Others have been hybrid in nature. The attendance at such events has been encouraging and far exceeds that achieved by some on-line only networks.

I report on the Congress elsewhere in this Newsletter, so I will only say here that it was a joyous event. The London weather was particularly kind to us and the University of East London unexpectedly generous to us. I am most grateful to all those who contributed to making the Congress such a success.

So I end as I began, with my thanks to so many who have helped me. My aim was to make our Association stronger at the end of my term than it was in the beginning. I hope that I have succeeded in that aim.





REPORT of THIRD EAPE CONGRESS “The Capital of Knowledge”

The Third International Congress of EAPE, entitled “The Capital of Knowledge,” was held at the University of East London (UEL), England from 3rd to 5th April 2024. The lectures were held at the modern riverside Docklands Campus of UEL and the Gala Dinner at the historic Stratford Campus of UEL. Nearly 100 conferees registered for the Congress including over 30 members.

Twenty three papers were accepted for oral presentation and the abstracts published in the Congress Handbook. It is hoped to publish the papers presented at the Congress in the Proceedings later this year. The Congress opened with two outstanding plenary lectures. The first by Professor Patrizio Bianchi on the ‘University in the Post-Globalization World’ and the second by Professor Athanassios Fokas on ‘The Two Big Bangs of Cognitive Evolution: from Homeostasis to Artificial Intelligence.’ There was also a Plenary Symposium on ‘Key issues in social psychiatry today, history, policy and politics’ organised and introduced by our new President, Professor George Christodoulou. We enjoyed lecture sessions on Health, Society and Technology. The first of these contributed programmes of papers was dedicated to the memory of our late colleagues Professors Sherban Lupu and Dimitar Nenov. A moving tribute to both was given by former President, Professor Natale Gaspere De Santo. The lectures were ably co-chaired by EAPE Board members and senior staff of UEL. A recording of the Congress scientific proceedings is available.

The success of the Congress was guaranteed by the generous sponsorship of UEL. As well as speaking at the formal opening, the UEL Vice Chancellor and President, Professor Amanda Broderick, sponsored the Opening Reception. This was held in the recently opened UEL Centre for Sustainability. Delegates were able to tour the Centre during the Reception.

We transferred by coach to the UEL Stratford Campus for a tour of the new UEL health simulation facilities, followed by a Prosecco Reception hosted by the UEL School of Health, Sport and Bioscience. The Gala Dinner was held in the historic surroundings of the recently refurbished Great Hall of the University, the roof of which displays the coats of arms of the ancient livery companies of the City of London. The President and the President-elect spoke at the start of the Dinner which proved to be a most convivial evening.

The Congress closed with a warm invitation from the new President, Professor George Christodoulou to the 4th Congress to be held in Athens in 2026.

Professor Les Ebdon CBE DL

Chair of the Organising Committee



“The Capital of Knowledge” 3rd Congress of the EAPE April 03-05, 2024 London England



The 3rd EAPE Congress was held on April 3-5 at the Dockland Campus of the East London University in the United Kingdom. It was a definite success. The venue of the University was excellent with a very modern lecture theatre and state of the art facilities. The opening ceremony was hosted our President Sir Les Ebdon CBE DL:

Two outstanding plenary lectures were given by Professor Emeritus Patrizio Bianchi on the subject: “University in the Post –Globalization World,” and Professor Academician Athanasios Fokas at the University of Cambridge on the subject “The two Big Bangs of Cognitive Evolution: from Homeostasis to artificial Intelligence.”

During the next two days 21 lectures were presented. Also the section on-Mental Health gave a very interesting plenary symposium presented by Professor George Christodoulou on the subject ‘Key Issues in Social Psychiatry Today, History, Policy and Politics.’

On April 4th there was given **Health Session in Memory of Professors Sherban Lupu and Dimitar Nenov.**

- ‘Dimitar Nenov (1933-2024) Distinguished Professor of Renal Medicine at the Medical University of Varna behind the Iron Curtain and President of the Bulgarian Branch of EAPE’ by Natale G. De Santo, University Luigi Vanvitelli, Naples and 10 others.
- ‘Professor Zora Janzekovic (1918-2015) - The Genius of Plastic Surgery’ by Micetic-Turk Dusanka, Borko Elko Turk Zmago, University of Maribor.
- ‘British Landmarks in Grigore T. Popa’s Professional Fulfilment’ by Dana Baran, University of Medicine and Pharmacy, Isai.
- ‘A British Model of Sanitary Organisation in Dr. Moise Enescu’s Papers’ by Dana Baran, University of Medicine and Pharmacy, Isai.

- 'How do Physicians Prevent, Diagnose and Cure by Evidence-based Medicine' by Dennis V. Cokkinos, University of Athens.
- 'Progress in Markers of Glycaemic Compensation of Diabetes Mellitus from Joslin, through DCCT Study and to Continuous Glucose Measurement' by O. V. Racz, Safarik University.
- 'The Kidney as a 'Green Organ' by Vincenzo Savica, University of Messina.
- 'Kidney Replacement Therapy in South-East Europe in the Last Decade' by Halima Resic, University of Sarajevo.

The Plenary Symposium presented by the EAPE Section of Mental Health: 'Key Issues in Social Psychiatry Today, Policy and Politics.'

- 'Social Psychiatry: Introduction' by George Christodoulou, University of Athens.
- 'Asylum to Community to Metacommunity: 1979 Neoliberalism and the Evolution of Psychiatry in Britain since 1960' by George Ikkos, Royal National Orthopaedic Hospital.
- 'Social Exclusion and Mental Health: Poverty and Inequality' by Jed Boardman, Kings College London Institute of Psychiatry, Psychology & Neuroscience.
- 'Influence of Contemporary Social Factors on the Mental Health of Adolescents' by Michel Botbol, University of West Brittany.

In the afternoon of Thursday April 4th a tour of the hospital and primary care hub was given by a School of Health, Sport and Bioscience University of East London.

The teaching facilities and up-to-date simulation techniques were deeply appreciated. It was followed by a wonderful Prosecco Reception and Gala dinner at the East London University Great Hall with a lively music program. The outgoing president Sir Les Ebdon presented the new President George Christodoulou. The founder President of EAPE Dennis V. Cokkinos and the second President Natale de Santo were also present. Brief comments, were given all in the spirit of the unity and friendship which are characteristics of our association.

The four Presidents together



Oral Presentations

On April 5th :

- 'Our Society Ages Upwards and Downwards: the Need for a Ministry for Elderly, Women and Children in the European Union - Link Welfare to Happiness, do not Repeat Faust's Mistake' by Natale Gaspare De Santo, Amalia Virzo and Vincenzo Bonavita, University of Campania Luigi Vanvitelli and University Federico II, Naples.
- 'Managing an Ageing Workforce: The Role of Business' by N. Papalexandris, Athens University of Economics and Business.
- 'Transdisciplinarity as an Educational Approach to Face Industrial and Societal Challenges' by Marcel Van de Voorde, University of Technology Delft and Paolo Ciambelli, University of Salerno.
- 'The Intergenerational Transmission in a Prestigious Nautical Club of International Value: Circolo Canottieri Napoli' by Giancarlo Bracale, University Federico II, Naples.
- 'Computational Prediction of COVID-19 Transition in Internal Air-Conditioned Environments' by N. C. Markatos and I. Rentoumis, National Technical University of Athens.
- 'The Chemical Engineering Approach to Nanoscience Application in Medicine & Pharmacy' by Paolo Ciambelli, University of Salerno and Marcel Van de Voorde, University of Technology Delft.
- 'Recovery of Valuable Metals from Electronic Waste' by Maria Ochsenkuehn-Petropoulou and 7 others, National Technical University of Athens.
- 'Science and Politics, an Ethical Dilemma' by Hartmut Frank, University of Bayreuth.
- 'The Janus Face of the Media in Contemporary Society: Manipulative-enslavement and Humanistic-emancipatory' by Ljubisa Mitrovic, Dunja Velickovic, Dragana Mitrovic, Serbia.

The hospitality including a very well printed program, refreshments together with continuously hot coffee and excellent working lunches was impeccable.

It has been decided that the Proceedings of the Congress will be published as a third volume again under the title:

The capital of knowledge.



From left to right: Dennis V. Cokkinos Founding, 1st President, Sir Les Ebdon Outgoing 3rd President, George Christodoulou New President, Natale De Santo 2nd President.

Some of the speakers of the 3rd EAPE congress in London



From left to right: Halima Resic, Lucija Cok, Dianne Newell, Nancy Papalexandris, Les Ebdon, George Christodoulou, Giancarlo Bracale, Hartmut Frank, Paolo Ciambelli, Dennis Cokkinos, Maria Ochsenkuehn-Petropoulou, Natale Gaspere De Santo, Michel Botbol.

Visit of the Hospital and Primary Care Hub in the Stratford Campus of the University of East London



More about the Congress

The Programme of the Congress



3RD SEMINAR EAPE section on Prevention and Health Promotion

March 22nd

The third seminar of the EAPE section on Prevention and Health Promotion was held on March 22nd at the Stelios Papadimitriou lecture hall at the Onassis Cardiac Surgery Center.

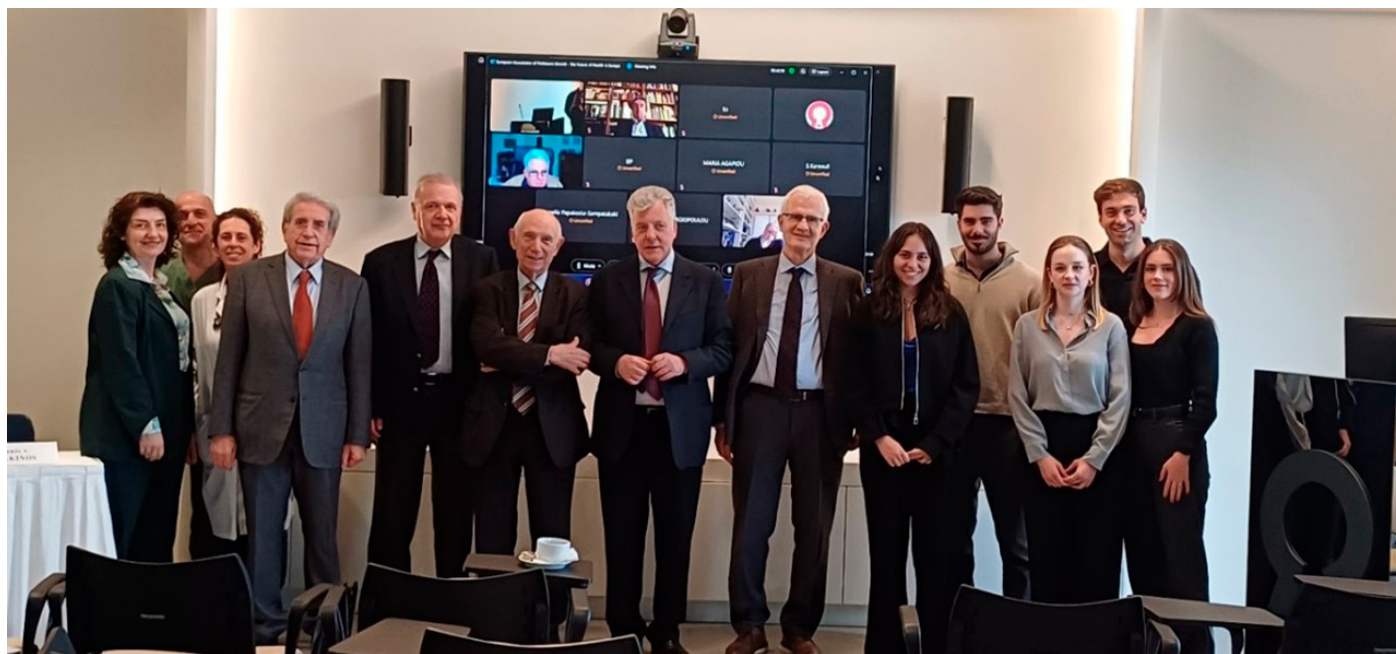
It was well attended both in person and by internet by about 50 participants. Very interestingly a group of medical school students also participated. An important feature of the seminar was the presentation of the state of organ transplants globally and in Greece. The hospital runs the only cardiac transplantation program in Greece with excellent results. The Onassis Cardiac Surgery Center is being transformed into the National Transplant

Center of Greece with a new addition of buildings, facilities and personnel. Professor Ioannis Boletis gave a very interesting account of this endeavor.

The next seminar will hopefully be held in Bucharest Romania under the organization of Prof. George Dan.

Photo from the seminar. Among those wearing neck ties from left to right:

Panagiotis Behrakis, Filippos Triposkiadis, Dennis V. Cokkinos, Ioannis Boletis (section members), John Papagiannis (Director Pediatric Cardiology Dept. OCSC)



EAPE's POSITION STATEMENT on Continuation of Academic Activities by Emeriti Professors

Athens, 24 April 2024

The European Association of Professors Emeriti (EAPE)

a) having considered that a substantial number of Professors Emeriti and retired Professors are able and willing to continue their academic and research activities,

b) having taken into account that this will be beneficial to the academic community and to Society as a whole,

express the position that University authorities should provide them with access to University Information Technology (IT) and the opportunity to carry out teaching, research, mentoring, examining and governance activities. This is a standard position of EAPE that we would like to re-affirm in writing, as a Position Statement.



EUROPEAN ASSOCIATION OF PROFESSORS EMERITI



Dear Colleagues and Friends,

I am writing to invite you to become a member of the European Association of Professors Emeriti (EAPE) or renew your subscription.

The obvious question arising from this invitation is **“WHY”**.

Why should I join an Association of **PAST** Professors and thus be reminded that I am **NOT** academically active anymore (revival of a psychological trauma!). What does this Association have to offer to me to justify my dues of 50 euros per year?

Let me try to answer, in the same way that I answered to myself when, with hesitation, I joined the EAPE some years ago.

Any Association gives back to its members what its members give to it. WE, the members, ARE the Association, not the President, not the Board, not the Administrator. If we are inactive, the Association will be inactive. If we are active with ideas and action, the Association will be active and justify its existence.

A question arising from the above is “how can I be active”?

Well, if we believe in the inter-disciplinary character of Science (as Aristotle did and demonstrated through his personal paradigm) we are provided with this opportunity as our Association is indeed multi-disciplinary. Additionally, it is also multi-ethnic and this provides it with an even broader perspective. Education, παιδεία (not just training) can be served in this way.

A member can be active through the Sections, mentioned below. How? If you join a section you can organize live seminars or webinars, you can encourage inter-sectional activities and in case you are not happy with the existing sections you can propose and organize a new one by writing to me (profqchristodoulou@gmail.com) or to the Secretariat (gdrosatou@gmail.com).

The Sections have been active with seminars during last year (one such monthly activity periodically). A new series will start soon.

The EAPE has three media. Its Website (<https://europemeriti.org>) the EAPE Bulletin and the EAPE Newsletter (<https://europemeriti.org>). You can obtain information from them but, more importantly, you can PROVIDE information (Website, Newsletter) and scientific INPUT (Bulletin) to THEM and through them to the Membership.

The Board has recently produced a Position Statement in which it expresses its wish to allow and encourage Emeriti and Past Professors to continue their academic activities after retirement, if they so wish. This is a paradigm of actions through which the Association can be useful to its membership. Suggestions for further actions of this sort are most welcome.

So, dear Colleagues, I do not know whether these arguments will have an impact on your decision to join us but I must assure you that you are most welcome.

With cordial regards

Yours sincerely,

George Christodoulou, MD, PhD, FRPsych, FICPM

Professor Emeritus of Psychiatry, Athens University

President EAPE

Profqchristodoulou@gmail.com

The Bank account of the Association:

ALPHA BANK

Account Number: 4410 0200 2009 710

IBAN: GR18 0140 4410 4410 0200 2009 710

SWIFT/BIC: CRBAGRAA

Bank address: 40 Stadiou Str., 102 52 Athens, Greece

Beneficiary: Europaiki Enosi Omotimon Kathigiton (E.E.O.K.)



**2024****REGISTRATION FORM
FOR MEMBERS OF EUROPEAN ASSOCIATION of PROFESSORS EMERITI**

NAME:

SURNAME:

UNIVERSITY OF...

TITLE:

DISCIPLINE:

SUBDISCIPLINE:

FIELDS OF PRIMARY INTERESTS:

MAIL ADDRESS:

E-MAIL ADDRESS:

Phone:

Mobile Phone:

SECTIONS *(Please select up to 2)*

1. CULTURE SECTION
2. ETHICS SECTION
3. ENROLMENT AND ADVOCACY SECTION
4. SECTION ON MEETING THE NEEDS OF CHILDREN AND OLD-OLDS
5. SECTION ON NATURE PROTECTION. A EUROPEAN PERSPECTIVE
6. SECTION ON MENTAL HEALTH
7. SECTION ON HEALTH PROMOTION AND PREVENTION

I select:

Return to Office Secretary, Mrs. Georgia Drosatou (Athens): gdrosatou@gmail.com

After registering in EAPE your name will be circulated among members and appear in lists of professors emeriti and in web-sites. If you are against this possibility let us know.





The New EAPE Board of Directors 2024-2026



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Giancarlo Bracale
President-Elect
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