



# EUROPEAN ASSOCIATION OF PROFESSORS EMERITI

e-NEWSLETTER

ISSUE 08\ APRIL 2023

## EDITORIAL ADDRESS

Dear Colleagues,

The Newsletter is available again, issued approximately every three months, alternating with the Bulletin.

Its purpose is to inform our members about the activities of EAPE and its committees. Also, views from our members and other Associations and individuals will be presented.

To this end, we kindly ask you to notify us regularly of your activities, such as congresses, seminars, information of new committees, societies, and associations. Also, distinctions, awards and developments in the career of our members will be an important feature. Book presentations and reviews are very important, together with pictures or posters, and experts from journals of parallel views.

We ask all the colleagues in charge of the various committees to send us every 2 months reports from their committees.

In this issue, we present an Inter-Academic Report between the National Academies of Medicine France and Mexico, prepared by Academician Patrick Berche, Treasurer of EAPE.

Professor Gaetano Thiene reports on a great meeting in the historical Aula Ippolito Nievo of the University of Padua on great figures of Italian Medicine; names such as: Morgagni, Lancisi, Golgi, Condorelli, and others are mentioned.

Professor Athanasios Diamandopoulos, member of the Culture Committee, announces the upcoming edition of the

“Deltos” a historic Journal (1991) dealing with medical history in Greece: the journal will be now edited in English and articles on all aspects of medical history from all countries are welcome.

The Association of Professors Emeriti of the University of Athens is very active under the presidency of Professor Stella Priovolou. A report of its activities is given.

Our Past President Professor Natale de Santo has provided an interesting report of upcoming events.

Last but not least, we present again the letter of our president Sir Les Ebdon inviting all Emeriti colleagues to become members of EAPE.

Finally, we will send you news from other societies which follow similar courses to ours. Also, brief important news occurring in other societies but of interest to our Association will be welcome.

We count on your assistance and support.

With our very best greetings,

### Editorial Committee, Professors Emeriti (from left to right)

**Dennis V. Cokkinos**, Medical School, University of Athens, Greece

**Paolo Ciambelli**, University of Salerno, Italy

**Maria Ochsenkuehn-Petropoulou**, School of Chemical Engineering, National Technical University of Athens (NTUA), Greece



## PRESIDENT'S LETTER

### Sir Les Ebdon

Professor Emeritus, CBE DL BSc PhD  
DSc(Hon) DUniv ARCS DIC MCIWEM  
C.WEM FRSA CChem FRSC

Dear Colleague,

I am writing to tell you about some exciting plans that we have for 2023 and how I hope that you will become part of the

European Association of Professors Emeriti (EAPE).

We have recently received two generous donations that are enabling us to increase our activity. We will continue to publish our prestigious Bulletins in 2023 and in addition our Newsletters detailing current and up-coming activities. We will be able to significantly enhance the currency and content of our website (<https://europemeriti.org>). The latter are important developments as we plan to hold a series of monthly webinars which will be publicised by these means. We believe this will also benefit the 9 specialist committees that all members can access.

With all these extra benefits, now is a good time to renew join EAPE. As previously announced we are holding our subscription to only 50 Euros for this year. So a good deal just got better.

The publication of this issue of this Newsletter was made possible by the generous support of the Foundation for Education and European Culture - Founders Nicos & Lydia Tricha, through a grant by the Paul and Belinda Firos Foundation.

We do still want to increase our membership and our aim is to double it this year. This can be achieved if every member can persuade at least one other to join EAPE. Any member may nominate an eligible retired academic who has been or is a professor. Alternatively qualified individuals may apply directly themselves.

The subscriptions really help us as we have staff, professional fees and taxes to pay throughout the year. Our bank account is given below. If you have any problems paying, or if you are not sure if you have paid already, then please contact our Executive Secretary Mrs. Georgia Drosatou (gdrosatou@gmail.com). If you have any comments about EAPE or suggestions for improvements please don't hesitate to contact me (les.ebdon@beds.ac.uk).

I look forward to your active involvement in an exciting year for EAPE.

With best wishes,

Les,

President European Association of Professors Emeriti

**The Bank account of the Association is in the Alpha Bank:  
Account Number : 44 10 0200 2009 7 10**

**IBAN: GR 18 0140 44 10 44 10 0200 2009 7 10**

**SWIFT/BIC: CRBAGRAA**

**Bank address: 40 Stadiou Str., 102 52 Athens, Greece**

**Beneficiary: Europaiki Enosi Omotimon Kathigiton (E.E.O.K.)**



## PATRICK BERCHE

### Academician, Treasurer of EAPE

Inter-Academic Report  
National Academies of Medicine France  
and Mexico  
2023 February  
Educational Trajectories, Health and  
Longevity

During the first months of the SARS-COV-19 pandemic, the observation of divergent attitudes, ranging from total compliance with health rules to revolt against all preventive measures, led Dirk Van Damme, senior consultant at OEDC (Organisation for Economic Cooperation and Development), to say that there was probably a relationship between the severity of the pandemic and the education of the populations (1). This statement was certainly related to a study conducted in the pre-pandemic period in 8 European countries, which showed that about 40% of the population in these countries had inadequate or problematic health education (2). Aware of the coexistence of several pandemics (SARS-COV-19, aging populations and chronic diseases), several academics from France and Mexico were alarmed by the possible deleterious effects on health of closing schools and universities (3). They asked two questions: How do basic education and health education affect our lifestyle, overall health and ability to age well from a very young age? What is the role of education in the onset and progression of the most common diseases in adulthood?

1. Van Damme Dirk D. The School of Life: Do levels of education and skills influence the health risks of COVID-19? <https://www.oecd-forum.org/posts/the-school-of-life-do-levels-of-education-and-skills-influence-the-health-risks-of-covid-19>

2. Sørensen K, Van den Broucke S, Fullam J, Doyle G, Pelikan J, Slonska Z, et al. Health literacy and public health: a systematic review and integration of definitions and models. BMC Public Health. 2012;12:80.

3. Editorial, COVID-19: the intersection of education and health. Lancet, 2021; 397 (10271):253.

## Summary

The working group of the Academies of Medicine of France and Mexico initiated its work after the first wave of the COVID 19 pandemic, during which the severity of the disease in certain countries was attributed to a lack of basic education of the population. The study continued and expanded to better understand the roles of basic education and health education on overall health and longevity. This work has demonstrated that, alongside genetics, the affective and educational family environment but also the general one greatly interferes from the very first days of life. Thus, epigenetics plays a major role in the determination of health and disease (DOHAD) as well as in the characterization of gender. Other factors such as socio-economic level, parental education, school in urban or rural areas play a major role in the differential acquisition of health literacy. This determines adherence or not to healthy lifestyles, risky behaviors, substance abuse, but also compliance with hygiene rules and adherence to vaccines and treatments. The combination of all these elements and lifestyle choices facilitates the emergence of metabolic disorders (obesity, diabetes) and neurodegenerative diseases, explaining that the less educated have a shorter survival while they spend more years of life in disability. After having demonstrated the impact of the educational level on health and longevity, the members of the inter-academic group propose specific educational actions at three levels: 1) Children, their parents, and teachers, 2) health professionals and 3) aging people, after emphasizing that these crucial actions can only be carried out with the unfailing support of state and academic authorities.

## Joint recommendations

These educational recommendations must respond to 2 imperatives, because education represents an absolute emergency: to promote better health education for the populations of France and Mexico: 1. To ensure the coherence of the educational messages on the priority themes of each country, the educational effort must have the full support of the constituted bodies (academic, diplomatic and political); 2. This consensual educational effort must be based on attractive, accessible, supportive and participatory communication strategies, accessible, supportive and participatory. The recommendations concern 3 target audiences: **1. Health and**

**education professionals** must be better trained in health in order to better understand the immense societal stakes involved in their messages and actions; **2. The school**, whose importance is immediately after that of the family, is a privileged place whose mission is to contribute to the development of basic skills allowing the full blossoming of children both in terms of overall health, mental health, well-being and educational success; **3. The general public: Parents:** the importance of education during the prenatal period and the first few months of life, which, along with environmental conditions, has a major impact on the entire health and life trajectory of children; **Young**

**and active adults:** simple, powerful and repetitive messages on hygiene, promotion of physical exercise and good habits of “healthy living” within the ecological framework of a “single health”; **Patients’ associations:** education especially oriented towards subjects at risk (obese, pre-diabetic, hypertensive, renal insufficiency, ...) and therapeutic education of patients as soon as their chronic diseases are discovered.



## GREAT PERSONALITIES OF ITALIAN MEDICINE THROUGH THE AGES



The historic University of Padua held on Friday February 3, 2023 a very interesting day meeting in which the great figures of Italian Medicine through the ages were presented.

The place was the Aula Ippoliti Nievo, Palazzo del Bo.



**Professor Emeritus Gaetano Thiene** a founding member of EAPE was among the organizers and also moderated together with Professor Valentina Gazzaniga the first part of the Symposium.



### GRANDI PERSONAGGI DELLA MEDICINA ITALIANA NEI SECOLI

Padova, venerdì 3 febbraio 2023  
Aula Ippolito Nievo, Palazzo del Bo  
Università di Padova – Via VIII Febbraio, 2

8:45 Benvenuto del Presidente della Scuola di Medicina dell'Università di Padova:  
PAOLO ANGELO DEI TOS

Moderatori: VALENTINA GAZZANIGA, GAETANO THIENE

8:55 Giorgio Valla (1447-1500) e la tradizione dei classici medici nell'Umanesimo:  
BERENICE CAVARRA (Modena)

9:20 Giovanni Filippo Ingrassia (1509-1580), un insegnamento lungo 500 anni:  
FRANCESCO CAPPELLO (Palermo)

9:45 Marco Aurelio Severino (1580-1656) e le discussioni scientifiche tra Napoli e Padova:  
MARIA CONFORTI (Roma)

10:10 Bernardino Ramazzini (1633-1714) e la salute dei lavoratori: MICHELE RIVA (Milano)

10:35 Giovanni Battista Morgagni (1682-1771) e la nascita della medicina moderna:  
FABIO ZAMPIERI (Padova)

11:00 *Coffee Break*

11:20 Lazzaro Spallanzani (1729-1799) e la scienza del Settecento; Carlo Forlanini (1847-1918) e l'invenzione del pneumotorace:  
PAOLO MAZZARELLO (Pavia)

11:50 Antonio Scarpa (1752-1832) e la scoperta dell'innervazione cardiaca:  
ALBERTO ZANATTA (Padova)

12:15 Maurizio Bufalini (1787-1875) e la ricerca del vero: DONATELLA LIPPI (Firenze)

12:40 Edoardo Bassini (1844-1924), lombardo e veneto: ALESSANDRO PORRO (Milano)

13:00 *Pranzo*

Moderatori: FABIO ZAMPIERI, ALBERTO ZANATTA

14:15 Giovanni Maria Lancisi (1654-1720) e le prime ricerche sulla morte improvvisa:  
DANIELA MARRONE (Padova)

14:40 Camillo Golgi (1843-1926) e le neuroscienze; Cesare Lombroso (1835-1909) e l'antropologia criminale:  
PAOLO MAZZARELLO (Pavia)

15:10 Giulio Bizzozzero (1846-1901) e gli albori dell'istopatologia: GIANNI BUSSOLATI (Torino)

15:35 Giuseppe Levi (1872-1965) intellettuale e neuroscienziato tra le due guerre: ALESSANDRO VERCELLI (Torino)

16:00 Luigi Condorelli (1899-1985) e l'approccio clinico-sperimentale alla cardiologia: GIANLUIGI CONDORELLI (Milano)

16:25 Renato Dulbecco (1914-2012) inizia la sua carriera come anatomo-patologo:  
MAURO PAPOTTI (Torino)

16:50 Rita Levi-Montalcini (1909-2012), pioniera e ambasciatrice della scienza:  
FRANCESCA VALENTE (Toronto)

17:15 Vincenzo Gallucci (1935-1991) e il primo trapianto cardiaco in Italia:  
GAETANO THIENE (Padova)

17:30 CONCLUSIONE

A cura di Gaetano Thiene, Fabio Zampieri e Alberto Zanatta  
Segreteria organizzativa: Giulia Vangelista



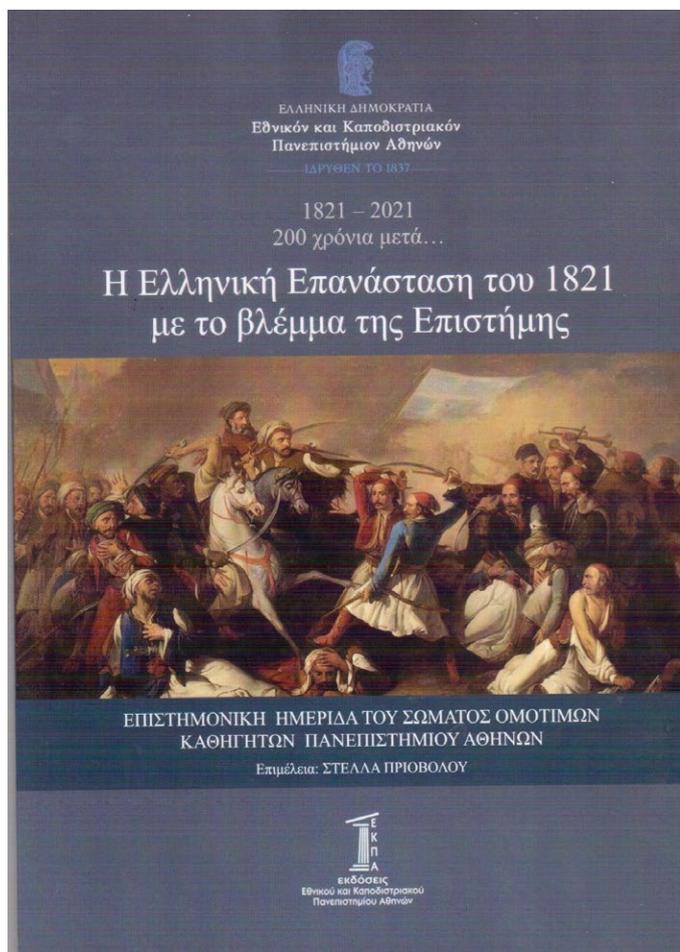
**STELLA PRIOVOLOU**

**Professor Emerita,  
President of the Association  
of Professors Emeriti of the  
University of Athens**

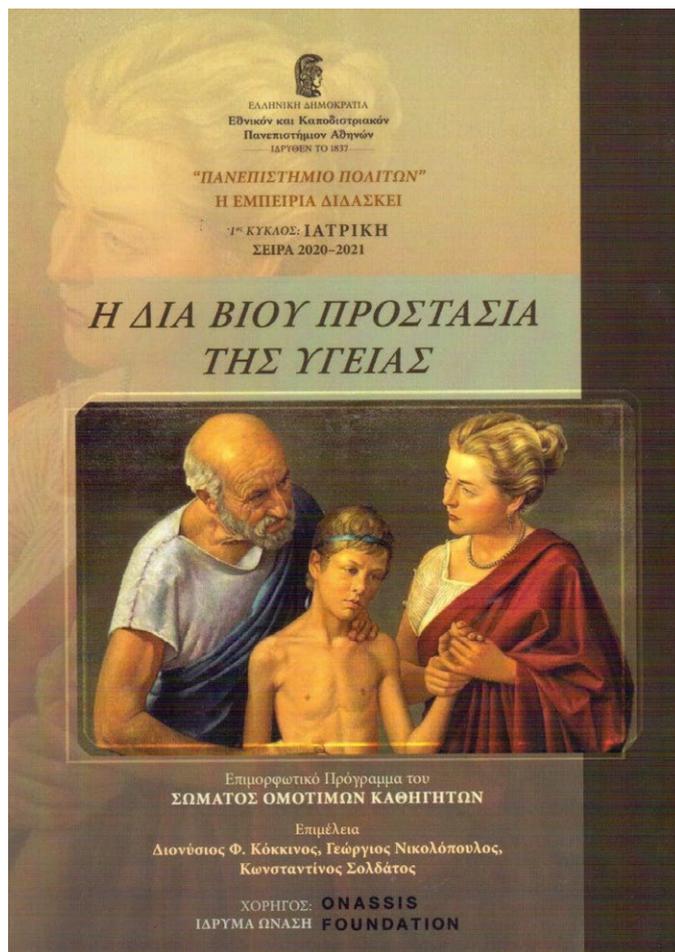
**NEWS FROM THE  
ASSOCIATION OF PROFESSORS EMERITI  
OF THE UNIVERSITY OF ATHENS**

Our Association organizes a continuing education program “Citizens University”, under the auspices of the University of Athens. The first cycle was dedicated to Medicine, the second to Philosophy and the third to Law and Economy (2022). Each of these was attended by approximately 250 attendants.

The association has issued two books:



**“The Greek Revolution of 1821 under the focus of science”**  
(118 pages)



**“The Lifelong preservation of Health”**  
(228 pages)

Also, despite the restrictions caused by the covid-19 pandemic round tables and lectures were organized regularly.

Up to now 7 Round Table discussions-lectures have been organized in 2022-2023.

On December 20, 2022 our Association was awarded a prize by the Academy of Athens for its publishing activities.

We invite you to join our “society of dignified friends” dedicated to education, public service and benefit.



The Board of the Association of Professors Emeriti  
of the University of Athens



## THE “DELTA” JOURNAL

We are proud to publish the English-language new version of the Greek journal “Deltos”, which in its original form was devoted exclusively to the history of Greek medicine. Its name is a derivation of the Greek letter delta (Δ in Greek), because this triangular shape made it easy to inscribe on wooden writing tablets covered with beeswax. This is where the English word deltiology comes from, i.e. the hobby of collecting postcards. The journal was launched in 1991 and has since become the only forum for the Greek history of medicine written in a very correct Greek language. It grew out of the Friends of the Museum for the History of Hellenic Medicine.

Its initial nucleus were Army Medical Officers and University Professors. The driving force was Grigorios Scampardonis (1935-2020), a cardiologist and at the end of his career a lieutenant colonel in the Army’s Medical Division. With some wistfulness, it was decided to abandon the Greek language used by Hippocrates and Galen for their writings and to print Deltos in English to achieve a wiser circulation. However, an abstract for each published article will be printed in Greek.

After elections four months ago a new Editorial Board and Scientific Committee were established.



**Professor Emeritus, Athanasios Diamandopoulos**, a founding member of EAPE was appointed as editor-in-chief of Deltos. The journal will be open access, only on the internet, and will have two publications per year. We are now calling for original papers on the history of medicine and related sciences from Greece, the Old World, and the New World

and especially from the rest of the world. Our aim is to produce a high-quality issue to generate enthusiasm among researchers to submit articles to our journal. We would therefore greatly appreciate it if you could submit an original article on a topic that you find relevant to Deltos. Please find attached the instructions for authors. The deadline for submissions is 15 May this year. For instructions to authors please apply to Prof. A. Diamandopoulos, 1453295@gmail.com.

We are looking forward to your contribution, especially from our EAPE colleagues.

**Athanasios Diamandopoulos**

# Deltos

DELTA JOURNAL FOR THE HISTORY OF MEDICINE

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Έπισημη έκδοση  
του Συλλόγου «Φίλοι Μουσείου Ελληνικής Ιατρικής»  
του «Διεθνούς Ιπποκρατικού Ίδρυματος Κώ»  
και του «Ίδρυματος Ιστορίας της Ιατρικής Ν.Κ. Λοδύρος»



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# Deltos

DELTA JOURNAL FOR THE HISTORY OF MEDICINE  
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# Δελτος

Δελτος ΗΕΡΗΘΑΙΚΟ ΤΗΣ ΕΣΤΟΡΙΑΣ ΤΗΣ ΙΑΤΡΙΚΗΣ  
Αθήνα • Μάρτιος 2023 • Τόμος 33 • Τεύχος 51 • ISSN 11093080

# Deltos

DELTA JOURNAL FOR THE HISTORY OF MEDICINE

ATHENS • ISSN 11093080

Official publication of the Society «The Friends of the Museum for the History of Hellenic Medicine» (FMHMH) of the «International Hippocratic Foundation of Kos» and the «N.K. Louras History of Medicine Foundation»  
Louras Foundation, 5 Semitelou str., Athens, 11528, Greece

# IMA-2023

## 13th International Conference on Instrumental Methods of Analysis: Modern Trends and Applications

The 13th International Conference IMA2023 is co-organized by NTUA and the Technical University of Crete in Chania Crete from 17-20 September 2023. IMA-2023 will be hosted in Minoa Palace Resort Hotel ([www.minoapalace.gr](http://www.minoapalace.gr)), a luxury 5\* beach-side hotel located at the cosmopolitan area of Platanias, 12 km west of the picturesque town of Chania and 30 min drive from Chania International Airport. In the website of the conference [www.ima2023.gr](http://www.ima2023.gr), which is updated continuously, you can find more details.

### THE CHAIR of IMA 2023

#### Assist. Prof. Fotis Tsopeles

Lab. of Inorganic & Analytical Chemistry  
School of Chemical Engineering  
National Technical University of Athens

#### Prof. Nikolaos Kallithrakas-Kontos

Analytical & Environmental Chemistry  
Lab. School of Mineral Resources  
Engineering Technical University of Crete

#### Prof. Emerita Maria Ochsenkühn-Petropoulou

Lab. of Inorganic & Analytical Chemistry  
School of Chemical Engineering  
National Technical University of Athens  
Former Member of the Board of Directors of EAPE



Abstract submission opens

**10 February 2023**

Abstract submission deadline

**20 May 2023**

Acceptance of abstracts

**5 June 2023**

Early bird registration

**15 June 2023**

Conference program announcement

**14 July 2023**

Conference kick-off

**17 September**

For more information please contact Professor Emerita, Maria Ochsenkuehn-Petropoulou at [oxenki@central.ntua.gr](mailto:oxenki@central.ntua.gr) or have a look at the website of IMA2023 [www.ima2023.gr](http://www.ima2023.gr)

**Note:** Prof. Emer. Les Ebdon, the President of EAPE and Chemist will present briefly the activities of EAPE at IMA2023



**NATALE G. DE SANTO**

**Emeritus Professor,  
University Luigi Vanvitelli,  
Naples,  
Member of the EAPE  
Committee on Meeting the  
Needs of Children and Old-  
olds**

### EAPE EVENTS FOR THE 2023 WORLD DAY OF OLDER PERSONS

The World Day of Older Persons in the decade of UNO Appeal of Healthy Aging is an event for which Professor Emeriti can give important contributions. This is due to their age, and to the fact that they represent a target group that probably will best understand and follow suggestions to reach the goal of a creative and healthy aging. In fact research tells us that cultured

people are those who best accept to adhere to healthy lifestyles when they are made aware of the risks.

In the last 3 years EAPE has organized various events for the World Day of Older Persons that have been reported extensively in the Bulletin. In 2020 even a special issue was dedicated to the event that holds many reasons of attraction for our learned group.

This year we aim to organize in European universities where EAPE is significantly represented an event that is also an occasion to explain our programs, our goals our willingness to help and to serve. No longer events with one speaker, we need to attract emeriti and motivate emeriti to put their skill at disposal of those who have not had the opportunities to be emeriti.

In last issue of the **Bull Eur Assoc Professors Emer** (2023; 4(1): 1-28 EAPE has launched **An Appeal to Establish a Ministry for Family Affairs, Senior Citizens, Women and Youth in All European Countries** signed by professors Natale Gaspere De Santo, Jochen Ehrich, Luigi Santini, Giancarlo Bracale, Paolo Ciambelli, and Vincenzo Bonavita.

The appeal points to protect fragilities of children and old-olds and avoid the discrimination for women in our society. This appeal might represents one of the items to be discussed on October 1<sup>st</sup>.

The program is in progress, the enclosure was made ready for the needs of the *Newsletter*. We will continue to stimulate interest in this project that will be closed on May 31, 2023, in order to grant it unity of goals structure and goals.

Please join, share responsibilities, and make available your talents for those who could not achieve our wisdom.

## International Committee

Guido Bellinghieri, Messina, [GBellinghieri@hotmail.com](mailto:GBellinghieri@hotmail.com)  
 Giusy De Rosa, Caserta, [yusydr@gmail.com](mailto:yusydr@gmail.com)  
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 Christos Bartsocas, Athens, [cbartsocas@nurs.uoa.gr](mailto:cbartsocas@nurs.uoa.gr)  
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 Giancarlo Bracale, Naples, [gcbracale43@gmail.com](mailto:gcbracale43@gmail.com)  
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 Natale G. De Santo, Naples, (Chair) [NataleGaspere.Desanto@unicampania.it](mailto:NataleGaspere.Desanto@unicampania.it)  
 Athanasios Diamandopoulos, Athens, [1453295@gmail.com](mailto:1453295@gmail.com)  
 Mauro Guarino, Catania, [guarino@unict.it](mailto:guarino@unict.it)  
 Asim Kurjak, Zagreb, [asim.kurjak1@yahoo.com](mailto:asim.kurjak1@yahoo.com)  
 Massimiliano Marotta, [Presidenza@iisf.it](mailto:Presidenza@iisf.it)  
 Dianne Newell, Vancouver, (Advisor) [dnew@mail.ubc.ca](mailto:dnew@mail.ubc.ca)  
 Oliver Rácz, Košice, [olliracz@gmail.com](mailto:olliracz@gmail.com)  
 Izet Radjo, Sarajevo, [izet.radjo@gmail.com](mailto:izet.radjo@gmail.com)  
 Halima Resic, Sarajevo, [halima.resic@hotmail.com](mailto:halima.resic@hotmail.com)  
 Luigi Santini, Naples, [chirurgiasantini@icloud.com](mailto:chirurgiasantini@icloud.com)

## Format of events

In every city programs will include talks on:

- i. The needs of children and old-olds,
- ii. Meeting the needs of children and old-old
- iii. The needs of emeriti,
- iv. Equality of men and women,
- v. An Appeal to establish a Ministry for Family Affairs, Senior Citizens, Women and Youth in all European Countries.

## Venues of Events

Athens, Caserta, Košice, Naples, Salerno, Sarajevo, Belgrade\*, Padua\*

\*To be confirmed

## Ongoing Programs

- The event in Athens will take place at Louros Foundation and will be chaired by Christos Bartsocas and Athanasios Diamandopoulos.

- The event in Caserta will take place on October 2, 2023 and will be named **“Meeting Grandparents at School”**. It will be co-chaired by Dr Giusy De Rosa, Primary School Teacher at the Comprehensive Institute Ruggiero, and by Natale G. De Santo.

- The event in Catania will be chaired by Guido Bellinghieri and Mauro Guarino and will take place in the Aula Magna of the Rectorate Building. The event is entitled **Professors Emeriti celebrate the 2023 World Day of Older Persons**.

- The event in Košice will be chaired by Oliver Rácz and Katka Derzsiova and will take place on October 2, in the Loffler Museum. The event is entitled **Passing the baton from „fathers“ to „children“ in medical science**. Among speakers: Bartek J, Grmanová (Trenčín): **Utilization of the working potential of older people on the labor market**.

- The event in Naples is organized through the joint efforts of Natale G. De Santo, Giancarlo Bracale and Luigi Santini and Vincenzo Bonavita on behalf of EAPE and of Massimiliano Marotta President of Italian Institute for Philosophical Studies. The event, entitled **Appeal for a Ministry of Family, Elderly, Woman and Youth in Every Country of the European Union**, will take place at Palazzo Serra di Cassano.

- The event in Salerno will be organized by Councillor Paolo Ciambelli.

- The event in Sarajevo is entitled: **Healthy Aging** and will be Chaired by Halima Resic, Asim Kurjak and Radio Izet on behalf of EAPE, the International Academy of Bosnia and Herzegovina and the Olympic Committee of Bosnia Herzegovina.





## EUROPEAN ASSOCIATION OF PROFESSORS EMERITI

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 Panos Vardas, Athens

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 Email: Ehrich.Jochen@MH-Hannover.de  
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 Email: Franco.Pedrotti@unicam.it

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## EDITOR IN CHIEF OF THE BULLETIN OF THE EUROPEAN ASSOCIATION OF PROFESSORS EMERITI

In recent years under the Editorship of Professor Natale Gaspare De Santo, our Bulletin has been transformed into a significant journal for publishing original manuscripts and news about EAPE. The future funding of the Bulletin was recently secured by a generous grant.

Professor De Santo has now edited his final issue and we are seeking a new Editor in Chief. We are inviting expressions of interest from members of EAPE for this important voluntary role. Any member of the EAPE Board would be happy to give further details of the scope of the role. Appointment will be for 3 years in the first instance.

## THE PROCEEDINGS OF THE SECOND INTERNATIONAL CONGRESS OF EAPE

The proceedings of the 2<sup>nd</sup> International Congress of EAPE are at the final printing stage. For an electronic or printed copy please contact our executive secretary, Mrs Georgia Drosatou, in [gdrosatou@gmail.com](mailto:gdrosatou@gmail.com).

